



If you're interested in learning the unique skill of lightsaber theatre combat, the way of Jedi swordsmanship and spinning, Sons of Obiwan Academy is a community organisation that offers an accepting and welcoming environment for those wanting to enjoy a new and exciting life experience.

Lifestyle Solutions has partnered with Sons of Obiwan Saber Academy which has opened up a great opportunity for the people we support to enjoy lightsaber theatre combat training as an NDIS approved activity. Lightsabers can also be purchased through funding within an NDIS plan.

Lightsaber theatre combat has been developed and backed by the science behind the art of European long sword and Balintawak Martial Arts which founder and owner, Luke Boyton, has been training in for decades.

Based in Tuggerah on the NSW Central Coast, Sons of Obiwan specialise in working with children and young people who live with Autism Spectrum Disorder (ASD) as well as those with special needs.

The bespoke classes include elements of general fitness, flexibility, physiotherapy, life skills and personal enrichment to increase self-esteem. In addition to reducing anxiety these activities also engage people on a physical, mental and sensory level and help them to exercise their ability to make choices and maintain independence.

Sons of Obiwan provide afternoon and evening classes for kids and adults and are available for group bookings from service providers, schools and community groups.

They also provide private classes, where lessons are tailored specifically for the needs of the individual person.

For more information on Sons of Obiwan:

Address: 3/83 Gavenlock Road, Tuggerah NSW

Phone: 02 4351 8760

Email: sons.of.obiwan@gmail.com

Website: sonsofobiwan.com.au



Talk to us

Contact one of our friendly staff at Lifestyle Solutions on 1800 634 748 for more information.

You can access Lightsaber combat and spinning classes by asking your Local Area Coordinator to include it in your NDIS plan.

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For more information on how we can help you, or someone in your care, contact us.

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